

### 4) Playing Games



Q1) How do we relax in our leisure time?

Free time is called leisure time. So, we play in our leisure time. to relax our body and mind.

Ans (1)  
Q1)  
13

Q2)

Q2) What are different types of games? Explain it with examples.

Ans

There are two types of games.

1) Indoor games and 2) Outdoor games.

1) games which are played within the four walls of the house are called indoor games  
e.g: Carrom, ludo, chess etc

2) Games which are played outside the house in the playground are called outdoor-games e.g: Cricket, hockey, football etc

Q3

Q3) How is the game of cricket played?

Ans

Cricket is one of the most popular and liked game in India. It is played between two teams. Each team consists of eleven players. The player

Who throws the ball is called bowler and the player who hits the ball called batsman. A batsman makes runs for his team. A bowler is supposed to get the batsman out.

Q5 How is the game of football played?

Ans Football is a popular game. It played between 2 teams. Each team consists eleven players. Each team consists of tries to make goals against the opponent team.

Q6 Why is the habit of <sup>playing</sup> games among children ~~less~~ decreasing?

Ans The habit of playing games among children is decreasing because the main reason behind this is the advent of computer and mobile phones. Many games are loaded on computer and mobile. These games are not healthy for children.

P(A) Tick (✓) the correct option

- 1 (a) indoor.
- 2) (b) 11.
- 3) (c) chess.
- 4) ~~(d)~~ ~~(a)~~ (c) Ludo
- (5) (d) None

P(B) Write 'T' for True and 'F' for False statements.

- 1 True (T)      4) True (T)
- 2 True (T)      5) False (F)
- 3 True False (F)

P(C) Fill in the blanks.

- 1) Indoor games.
- 2) games
- 3) boxing
- 4) alert.
- 5) decreasing.