

Class: Ist

Topic: Our Wonderful Body.

Q1) Name some body parts?

1. Head

16. Face

2. Hair

17. Ears

3. Forehead

18. Pinna

4. Eyes

19. Neck

5. Eye-brows

20. Throat

6. Eye-lashes

21. Shoulder

7. Eye-lids

22. Arm

8. Nose

23. Elbow

9. Nostrils

24. Wrist

10. Mouth

25. Hand

11. Lips

26. Thumb

12. Teeth

27. Fore-finger

13. Tongue

28. Middle-finger

14. Chin

29. Ring-finger

15. Cheeks

30. Little-finger

Q2) How many eyes do you have?

Ans) I have two eyes.

Q3) What do you do with your eyes?

Ans) I see with my eyes.

Q4) What do you do with your nose?

Ans) I smell with my nose.

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Q5. What do you do with your hands?

Ans. I work with my hands.

Q6. What do you do with your tongue?

Ans. I taste with my tongue.

Q7) Fill in the blanks:

(i) I see with my eyes.

(ii) I walk with my legs.

(iii) I have two hands.

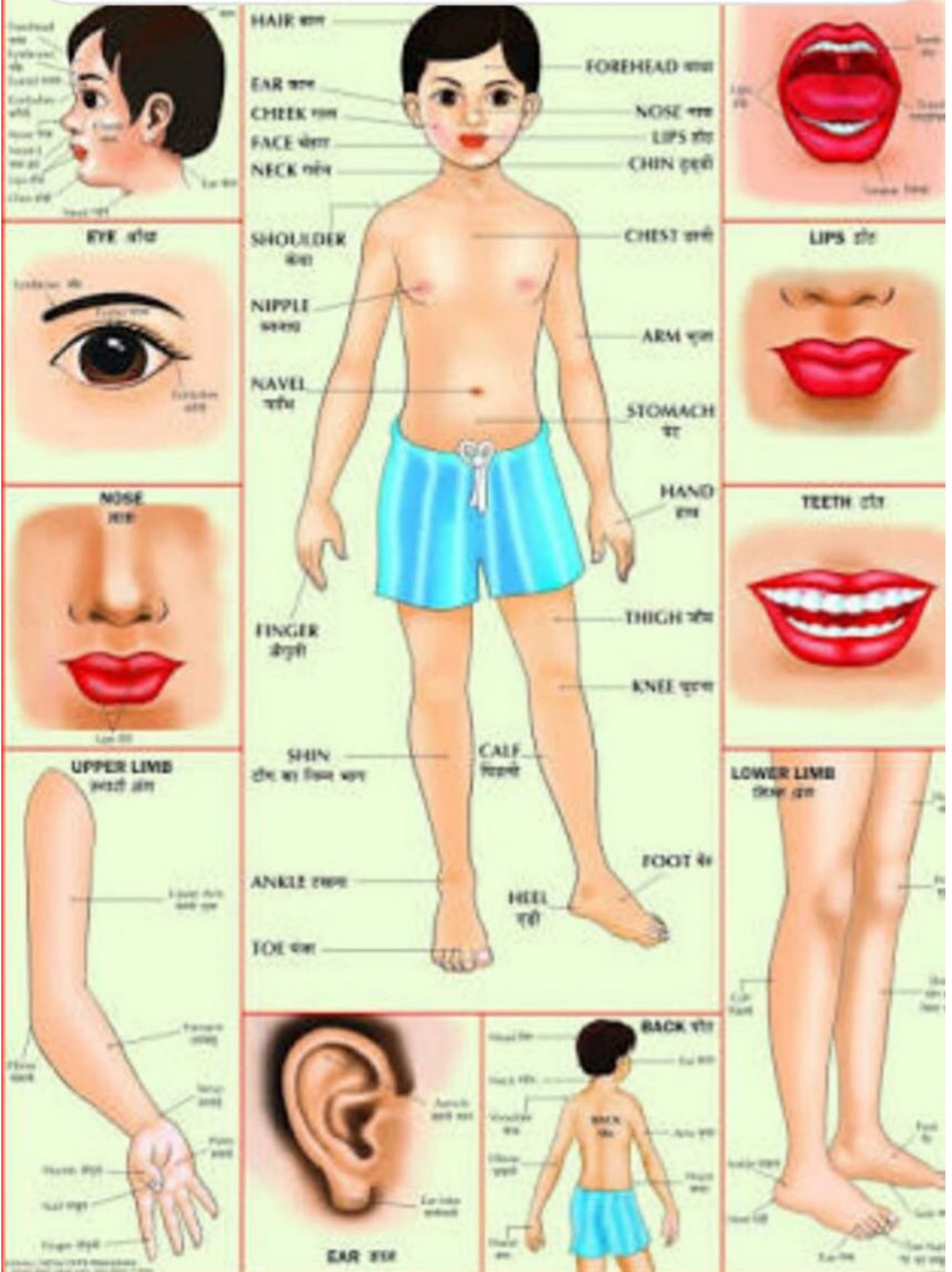
(iv) I smell with my nose.

(v) I hear with my ears.





# body chart



Q1) Write some good habits?

(i) Brush your teeth twice daily.

(ii) Exercise daily.

(iii) Take three meals in a day.

(iv) Wear clean clothes.

(v) Always speak truth.

(vi) Go to school on-time.

(vii) Finish your homework regularly.

(viii) Respect your elders.

(ix) Wash your hands before and after every meal.

(x) Take a bath daily.

(xi) Trim your nails twice in a week.

(xii) Play together.

~~(xiii)~~

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Q1) Name some trees?

1. Apple tree    2. Pear tree    3. Mango tree

Q2) Name two herbs?

1. Tomato    2. Mint

Q3) Name two shrubs?

1. Rose    2. Tulsi

Q4) Name two climbers?

1. Grape vine    2. Beans

Q5) Name two creepers?

1. Melon    2. Pumpkin

Q6) Name two water plants?

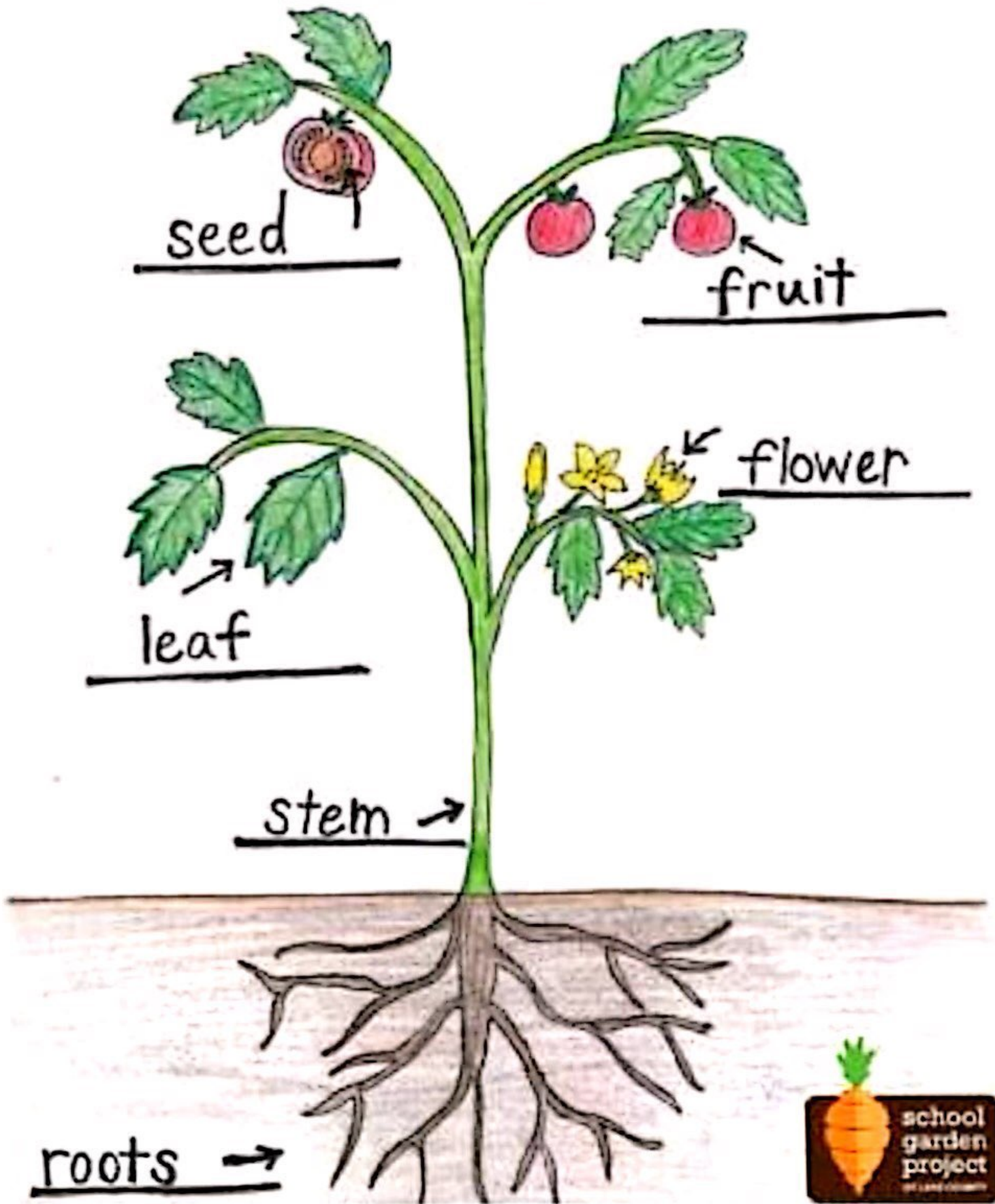
1. Water lily    2. Lotus

Q7) Name different parts of a plant

1. Roots    2. Stem    3. Branches  
4. Leaves    5. Flowers    6. Fruits  
7. Seeds.

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# Plant Parts





## Topic: Food

Q1 Why do we need food?

Ans. We need food to grow and for prevention and fighting disease.

Q2 Name some body building foods?

- Eggs.
- Chicken
- Fish
- Chocolate Milk.

Q3 Name some foods that gives us energy?

- Eggs
- Bananas
- Coffee
- Water

Q4 Name some foods that helps us to fight diseases?

- Tomatoes
- Spinach
- Blueberries
- Broccoli

Q5 Where does the food we eat come from?

Ans. The food we eat comes from plants and animals?

Q6) Activity:

List some foods that we get from plants and animals.